

“This course is life-changing. Be prepared to come away a different (& better) person. And to meet the most extraordinary people on the way.”



COACHING MASTERY

**NEW DATES
FOR 2020 COURSES**

A Diploma course for advanced coaching

Accredited by the The Association for Coaching.

So, you want to be a leading edge coach? A chance to build your expertise and extend your knowledge with the latest thinking to support advanced coaches and those wishing to create the coaching led organisation.

What capabilities and knowledge do you need to develop as a coach?

What values qualities and attitudes is it helpful to hold? What experiences and understanding of yourself is it useful to explore?

How can you shape your coaching practice? How can organisations develop a coaching led culture? **How can you be a credible and professional coach in the market-place? This advanced course gives you the answers.**

A course in coaching excellence this programme explores all these questions through an integrated model based on neuroscience. The programme encourages each individual to apply a wide range of models to themselves and to shape their own future as a coach. This course is founded on four elements that encapsulate good coaching practice...

■ **You as a coach** – exploring and defining who you want to be as a coach and developing your personal coaching philosophy.

■ **You as a person** – gaining the self-knowledge that allows you to coach with integrity and humility

■ **Coaching tools and techniques** – our core coaching approach is

strengthened by an exposure to a wide range of coaching tools techniques and models all enriched with a deeper understanding of neuroscience, impact of emotional states and how these apply to coaching.

■ **Your coaching business** – developing your business framework, plan and processes – be it as an independent coach or as an employee using coaching within an organisation or as a leader using

coaching approaches. Meeting ethical standards of UK and international coaching organisations.

“The coaching journey is brought to life by the brilliance of the trainers and by reflection and self-discovery.”





“A wonderful synthesis of practical skills and deep discovery equipping me to be a better leader and effective coach. An opportunity to examine your soul and fill your heart with knowledge. A time to think...”



COACHING MASTERY 2020

Nature of the course...

There are five modules to the programme; each module will focus on a particular stage of the coaching process. Each module combines reflection and review; new theoretical, scientific and experiential input; the opportunity to practice as coach, coachee and observer and how to put your new learning into action outside the course. You will also be part of a supportive learning set of like minded coaches and really get your learning 'in the muscle'

DOING IT...

We will ask you to have at least two new coaching clients you will work with throughout the course and use as case studies. You will also perform specific tasks that you set yourself to develop your learning in the real world and these will be reviewed at each new module.

Supervision to support your learning...

You will come for three 1:1 supervision sessions which will take place between modules. These sessions introduce the framework of supervision - helping you to reflect and process what is happening for you as you progress your coaching and develop further ways to understand the coaching dynamic.

You will develop clean self reflective and self coaching practices and understand how to create appropriate boundaries between yourself and your clients.

Consolidation...

The final module tests the integration of all you have learned and enables you to demonstrate your coaching competence. You will have a full portfolio of your work and will have built your business case for coaching.

You leave this course with a strong sense of your own identity and capability as a coach, armed with the tools to make it happen for you and for your Coachees! Those who complete this will receive the Coaching Mastery Diploma this meets national and international coaching standards.

Who will be there?

You will join up to 12 other participants all will have existing experience and practice such as an NLP Practitioner or some other equivalent learning to undertake this programme. Please talk to us about your experience and background. Where needed, we can offer 1:1 support to bring your learning up to the required level.

Your facilitators will be *Sue Macmillan* (Course Director), *Jacqui Fairbrass* and Graduate Coach *Jo Rance*. Fields of Learning founder Catherine Doherty will join some of the modules and pass on her experience as an Executive and Team Coach.

Masterclasses

Each course includes a masterclass with thought leaders from the

coaching profession. In previous years we have welcomed people like *Nancy Kline*, *Alison Hodge*, *Diana Dawson*, *Clive Hyland*, *Dr. Brian Marien* and *Lucy Ryan*. This year we are delighted to have secured *Dr Carol Pemberton* to run our masterclass on April 23rd based on her book "*Resilience - a practical guide for coaches*". Working to support our clients resilience is vital in today's VUCA environment, this workshop will give you key insights from psychology and tools to work on resilience issues. On these days we also welcome previous graduates and guests so you get a networking experience.

Course and individual recognition...

At the core of this course is a belief that the quality and integrity of coaches and their practice matters. To this end we support and promote the ethical code of the major coaching associations and specifically that of the Association for Coaching (AC). This course is accredited with them at their Coaching Diploma level.

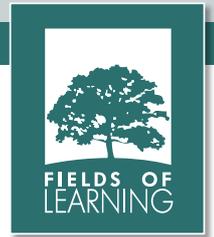
WHAT PEOPLE SAY...

The feedback we receive on each course elevates our development, delivery and course standards. We value what graduates say and if you would like to speak to prior attendees then we will put you in touch. Meantime, here is what a delegate said last year...

“This course has given me the tools, beliefs and direction to become a qualified coach. It is the best training course I have ever been on!”



“Coaching Mastery has been a genuinely amazing journey of learning and discovery, led by skilled and generous tutors. I have been transformed as a leader and received the gift of becoming a coach.”



“Unbelievable experience which not only developed coaching skills but a huge personal journey. Recommend to all.”



COURSE ARRANGEMENTS

Venue

The course is held in rural Bedfordshire at Sipala in Aspley Guise. We encourage delegates to stay overnight and we can recommend accommodation. We like the group to get to know each other well and go for dinner one night of each module - we found this adds informal learning and we encourage you to join us to make the most of the group culture.

Dates 2020

Module 1	26, 27, 28	February
Module 2	23, 24	April
Module 3	10, 11, 12	June
Module 4	16, 17	July
Module 5	3, 4	September

To complete your Diploma you need to cover the material of all 12 days, keep a learning log and log of coaching hours as well as show your extending reading and exploration of coaching

resources. You will write one case study. Catch up days can be arranged where necessary and will be charged for.

All course materials are provided in secure dropbox format for the group. You can find the bios and videos of all the Fields of Learning delivery team here, as well as detailed course notes to support the programme. To keep the course up to date we add links to Ted Talks, podcasts, webinar links of current interest that back up and support the learning of the individuals on the 2020 programme. As we have small cohorts we have the flexibility to shape the programme to your needs while ensuring we cover the competencies needed to pass the AC accreditation process.

Coaches receive three sessions of formal supervision which reviews their work. Coaches are required to have at least two case studies each receiving 4 coaching sessions.

Costs

The course costs £4,695 plus VAT this includes all course materials, tuition, masterclass, supervision, refreshments, great meals, venues and guest lecturers. For individuals self-funding there is a phased payment plan available so you can pay module by module in advance. Anyone not claiming back the VAT element can have this discounted by Fields of Learning.



Jacqui Fairbrass



Sue Macmillan

To reserve your place or ask questions please email or call:

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We would be delighted to welcome you on the programme.

