

“The best course I have done... Ever! Original, fun, different, exciting techniques to use in both in the corporate world and with private clients. A “must do” for every coach who wants to stand apart.”



COACHING MASTERY

The course for advanced coaches

So you want to be a leading edge coach? A chance to build your expertise and extend your knowledge with the latest thinking to support advanced coaches and those wishing to create a coaching led organisation.

- What capabilities and knowledge do you need to develop as a coach?
- What values qualities and attitudes is it helpful to hold?
- What experiences and understanding of yourself is it useful to explore?
- How can you shape your coaching practice?
- How can organisations develop a coaching led culture?
- How can you build a coaching business?

This advanced course gives you the answers.

A course in coaching excellence this programme explores all these questions through an integrated model based on neuroscience. The programme encourages each individual to apply a wide range of models to themselves and to shape their own future as a coach. This course is founded on four elements that encapsulate good coaching practice...

■ **You as a coach** – exploring and defining who you want to be as a coach and developing your coaching philosophy.

■ **You as a person** – gaining the self-knowledge that allows you to coach with integrity and humility

■ **Coaching tools and techniques** – our core coaching approach is strengthened by an exposure to a wide range of coaching tools techniques and models all enriched with a deeper understanding of neuroscience and mindfulness and how these are applied to coaching.

■ **Your coaching business** – developing your business framework, plan and processes – be it as an independent coach or as

an employee using coaching within an organisation or as a leader using coaching approaches. Meeting ethical standards of UK and international coaching organisations.

“Working with our facilitators was a pleasure and a privilege – you are all great role models.”





“Fantastic and inspirational leadership to facilitate such change in every single delegate on the course. Thank you these tools will carry me all through my life.”



COACHING MASTERY

Nature of the course... There are five modules to the programme; each module will focus on a particular stage of the coaching process. Each module combines reflection and review; new theoretical, scientific and experiential input; the opportunity to practice as coach, coachee and observer and how to put your new learning into action outside the course. You will also be part of a supportive learning set of like minded coaches and really get your learning ‘in the muscle’

DOING IT... We will ask you to have at least two new coaching clients you will work with throughout the course and use as case studies. You will also perform specific tasks that you set yourself to develop your learning in the real world and these will be reviewed at each new module.

Supervision to support your learning ... The course includes three 1:1 supervision sessions which will take place between modules. These sessions introduce the framework of supervision - helping you to reflect and process what is happening for you as you progress your coaching and develop further ways to understand the coaching dynamic.

You will develop clean self reflective and

self coaching practices and understand how to create appropriate boundaries between yourself and your clients.

Consolidation... The final module tests the integration of all you have learned and enables you to demonstrate your coaching competence. You will have a full portfolio of your work and will have built your business case for coaching. You leave this course with a strong sense of your own identity and capability as a coach, armed with the tools to make it happen for you and for your Coachees! Those who pass, meet national and international coaching standards.

Who will be there? You join 12 Participants who need either an NLP Practitioner or existing knowledge or equivalent learning and experience to undertake this programme. Have a conversation with us about your experience and for those who need more we run bridging courses and compressed NLP programmes to get people up to speed.

It will be facilitated by Fields of Learning’s team of master trainers led by *Catherine Doherty (Director)*, *Jill Savage (Senior Consultant)* assisted by *James Macmillan (Graduate Coach)* and this year *Sharon Milroy* (pictured) will



Kline, Virginia Brown, Alison Hodge, John Thompson and Ariel Essex present.

run a masterclass on “coaching with teams in mind” and oversee standards at integration. module. There will be one further masterclass to be confirmed and in previous years we have had *Nancy*

Course and individual recognition...

At the core of this course is a belief that the quality and integrity of coaches and their practice matters. To this end we

support and promote the ethical code of the major coaching associations and specifically that of the Association for Coaching (AC). Who have recognised this course.

WHAT PEOPLE SAY... the feedback we receive on each course elevates our development, delivery and course standards. We value what graduates say and if you would like to speak to prior attendees then we will put you in touch. Meantime, here is what a delegate said last year.

“This course has given me the tools, beliefs and direction to become a qualified coach. It is the best training course I have ever been on!”

“Liberating, insightful and energising. I defy anyone to undertake Coaching Mastery and not come out with a profound truth for future success.”





“The perfect choreography between the three trainers - each one bringing their own style and sharing their knowledge with love and such generosity.”



“Unbelievable experience which not only developed coaching skills but a huge personal journey. Recommend to all.”

COACHING MASTERY

VENUE

The course is held at Sipala in Aspley Guise in Bedfordshire. We encourage delegates to stay overnight and we can recommend accommodation. We like the group to get to know each other well and go for dinner one night of each module - we found this adds informal learning and we encourage you to join us to make the most of the group culture.

DATES

module 1	March	2015	18, 19, 20
module 2	May	2015	13, 14, 15
module 3	June	2015	25, 26
module 4	July	2015	23, 24
module 5	September	2015	17, 18

To complete the certificate you need to cover all the material of the 12 day programme. Catch up days can be arranged where necessary and will be charged for.

Coaches receive three sessions of formal supervision which reviews their work. Coaches are required to have at least two case studies each receiving 4 coaching sessions.

COSTS

The course costs £3795 plus VAT this includes all course materials, tuition, masterclasses, supervision, refreshments, great meals all materials, venues and guest lecturers as well as one year's AC membership when students pass the course standards.

For individuals self there is a phased payment plan available so you can pay module by module in advance. Anyone not claiming back the VAT element can have this discounted by Fields of Learning.



Jill Savage



Catherine Doherty

To reserve your place or ask questions please email or call:

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Jillsavage@BTInternet.com or (07977) 458036

We would be completely delighted to welcome you on the programme.

